

# MASTER OF SCIENCE IN INTEGRATIVE HEALTH AND WELLNESS

## AWARDED CREDIT OPPORTUNITIES

Students have the following opportunities to request credit be applied to their Integrative Health and Wellness (IHW) degree program.

### Have you completed an approved National Board For Health and Wellness Coaching (NBHWC) program?

Students pursuing the Master of Science in Integrative Health and Wellness can request to waive one elective course (three [3] credit hours) if they have earned a professional designation (certificate of completion) through an approved NBHWC program. [Visit the NBHWC website](#) for a list of approved programs. Additional information may be requested by the IHW program director to grant awarded credit.

### Do you have previous health and wellness coaching experience?

Students pursuing the Master of Science in Integrative Health and Wellness can request to waive one elective course (three [3] credit hours) if they have 135 hours of verified health and wellness coaching experience (coaching facilitation, not education or administrative tasks). A letter from the student's employer must be provided during the application process to verify employment status, length of time with the company, length of time in a health and wellness coach position, estimated number hours of coaching, and a description of the position. Additional information may be requested by the IHW program director to grant awarded credit.

### Have you completed a professional development course from Creighton's Center for Professional and Corporate Excellence?

The Center for Professional and Corporate Excellence offers a variety of for-credit and non-credit courses. A non-credit course could be awarded credit in the Master of Science in Integrative Health and Wellness (IHW) program. Additional information may be required by the IHW program director to grant the awarded credit. For a current list of offerings, visit [gradschool.creighton.edu/pd](https://gradschool.creighton.edu/pd). Details about credits and awarded credit opportunities will be included in the course description section.